

# THE BOOK OF HEBREWS

THEME - JESUS CHRIST IS THE ONE AND ONLY

THE SUPREMACY AND SUFFICIENCY OF JESUS CHRIST.  
A THEOLOGY OF REDEMPTION, ATONEMENT AND MINISTRY OF THE PROMISED MESSIAH

Hebrews 12:12-24

Media Reference Number WN-871

Wednesday, January 29, 2025

THE TITLE OF THE MESSAGE:

## **GROWING UP TOGETHER**

In everything, the book of Hebrews presents Jesus Christ as the all-sufficient and eternal priest.  
In all things Jesus Christ is better than Moses, than Angels, than the Law, being the centrality of those ministries.

SUBJECT TOPICALLY REFERENCED UNDER:

rest, hope, promises, oaths, immutability, blessings, God's faithfulness.

**Chapter 12 opened up with a "Therefore", which sent us back to chapter 11 and to the Great Hall of Faith. Now, this new section beginning at chapter 12:12 opens with another Therefore, causing us to remember what we've just learned regarding (The Disciplines of Life in the family of God.)**

**Now in this section before us, we see the believers being exhorted to adhere to The Direction of Life (verses 12-17) and The Drive of Life (verses 18-24)**

## **GROWING UP TOGETHER**

1.) In The House of The Living God

vs. 12-13

### **Hebrews 12:12-13**

Therefore, strengthen the hands which hang down, and the feeble knees, **13** and make straight paths for your feet, so that what is lame may not be dislocated, but rather be healed.

**The Hebrew Believer  
Is immediately reminded of Moses,  
Aaron, and Hur in the Day of Battle**

### **Exodus 17:8-13**

Now Amalek came and fought with Israel in Rephidim. **9** And Moses said to Joshua, "Choose us some men and go out, fight with Amalek. Tomorrow I will stand on the top of the hill with the rod of God in my hand." **10** So Joshua did as Moses said to him, and fought with Amalek. And Moses, Aaron, and Hur went up to the top of the hill. **11** And so it was, when Moses held up his hand, that Israel prevailed; and when he let down his hand, Amalek prevailed. **12** But Moses' hands *became* heavy; so they took a stone and put *it* under him, and he sat on it. And Aaron and Hur supported his hands, one on one side, and the other on the other side; and his hands were steady until the going down of the sun. **13** So Joshua defeated Amalek and his people with the edge of the sword.

### **Verse 13**

### **Hebrews 12:13**

**13** and make straight paths for your feet, so that what is lame may not be dislocated, but rather be healed.

The meaning is; "Stop Running in Circles."  
You will only injure yourself.

### **1 Corinthians 9:24-27**

Do you not know that those who run in a race all run, but one receives the prize? Run in such a way that you may obtain it. **25** And everyone who competes for the prize is temperate in all things. Now they do it to obtain a perishable crown, but we for an imperishable crown. **26** Therefore I run thus: not with uncertainty. Thus I fight: not as one who beats the air. **27** But I discipline my body and bring it into subjection, lest, when I have preached to others, I myself should become disqualified.

**Avoid all temptations to wander and to meander and to roam.**

**Stop Living Without a Destination**

### **Matthew 7:13-14**

"Enter by the narrow gate; for wide is the gate and broad is the way that leads to destruction, and there are many who go in by it. **14** Because narrow is the gate and difficult is the way which leads to life, and there are few who find it.

# GROWING UP TOGETHER

2.) In The House of The Loving God

vs. 14-17

## Hebrews 12:14

Pursue peace with all people, and holiness,  
without which no one will see the Lord:

## 2 Corinthians 7:1

Therefore, having these promises, beloved, let us cleanse ourselves from all filthiness of the  
flesh and spirit, perfecting holiness in the fear of God.

## Romans 14:19

Therefore let us pursue the things *which make* for peace and the things by which one may  
edify another.

## 3 John 11

Beloved, do not imitate what is evil, but what is good. He who does good is of God, but he who  
does evil has not seen God.

## Verse 15

## Hebrews 12:15

**15** looking carefully lest anyone fall short of the grace of God; lest any root of bitterness  
springing up cause trouble, and by this many become defiled;

## Ephesians 4:31

Let all bitterness, wrath, anger, clamor, and evil speaking  
be put away from you, with all malice.

## Colossians 3:8

But now you yourselves are to put off all these: anger, wrath, malice, blasphemy, filthy  
language out of your mouth.

## Verse 16-17

## Hebrews 12:16-17

**16** lest there be any fornicator or profane person like Esau, who for one morsel of food sold his  
birthright. **17** For you know that afterward, when he wanted to inherit the blessing, he was  
rejected, for he found no place for repentance, though he sought it diligently with tears.

**We have no biblical evidence that Esau was a physical fornicator.**  
However, we do know that he was very much a spiritual fornicator in the sense  
that he did not have the right heart to God in  
his relationship with God.

**Genesis 25:27-34**

So the boys grew. And Esau was a skillful hunter, a man of the field; but Jacob was a mild man, dwelling in tents. **28** And Isaac loved Esau because he ate of his game, but Rebekah loved Jacob. **29** Now Jacob cooked a stew; and Esau came in from the field, and he was weary. **30** And Esau said to Jacob, "Please feed me with that same red stew, for I am weary." Therefore, his name was called Edom. **31** But Jacob said, "Sell me your birthright as of this day." **32** And Esau said, "Look, I am about to die; so what is this birthright to me?" **33** Then Jacob said, "Swear to me as of this day." So he swore to him, and sold his birthright to Jacob. **34** And Jacob gave Esau bread and stew of lentils; then he ate and drank, arose, and went his way. Thus Esau despised his birthright.

**Esau held spiritual things in low regard.**  
While at the same time, he valued the material things of life.

## **GROWING UP TOGETHER**

**3.) In The House of The Holy God**

**vs. 18-21**

**Hebrews 12:18**

For you have not come to the mountain that may be touched and that burned with fire, and to blackness and darkness and tempest,

**Galatians 4:21-26**

Tell me, you who desire to be under the law, do you not hear the law? **22** For it is written that Abraham had two sons: the one by a bondwoman, the other by a freewoman. **23** But he *who was* of the bondwoman was born according to the flesh, and he of the freewoman through promise, **24** which things are symbolic. For these are the two covenants: the one from Mount Sinai which gives birth to bondage, which is Hagar - **25** for this Hagar is Mount Sinai in Arabia, and corresponds to Jerusalem which now is, and is in bondage with her children - **26** but the Jerusalem above is free, which is the mother of us all.

### Verse 19-20a

#### Hebrews 12:19-20a

and the sound of a trumpet and the voice of words, so that those who heard it begged that the word should not be spoken to them anymore. **20** (For they could not endure what was commanded:

### Verse 20b-21

#### Hebrews 12:20b-21

“And if so much as a beast touches the mountain, it shall be stoned or shot with an arrow.” **21**  
And so terrifying was the sight that Moses said, “I am exceedingly afraid and trembling.”)

## GROWING UP TOGETHER

4.) In The House of The Perfect God

vs. 22-24

#### Hebrews 12:22-24

But you have come to Mount Zion and to the city of the living God, the heavenly Jerusalem, to an innumerable company of angels, **23** to the general (celebrating) assembly (Israel) and church of the firstborn who are registered in heaven, to God the Judge of all, to the spirits of just men made perfect, **24** to Jesus the Mediator of the New Covenant, and to the blood of sprinkling that speaks better things than that of Abel.

*End of Study*

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